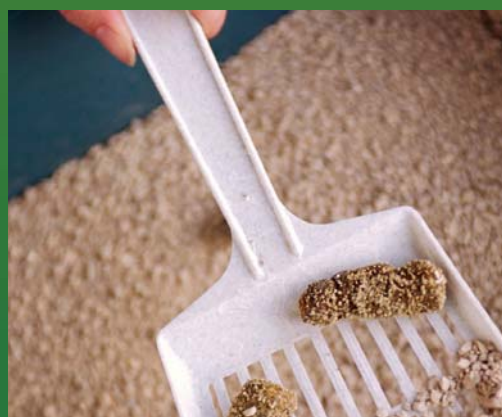


# 10 ways

## to prevent zoonotic disease threats to your family and your pet.



Zoonotic diseases are illnesses which can be transmitted from pets to people or infect both animals and humans. Here are some ways to protect your loved ones from zoonotic diseases:

1. Wash your hands often when touching, playing with or caring for pets.
2. Never handle the stool of any animal without wearing disposable gloves or using a plastic barrier.
3. Avoid kissing your pet or letting your pet lick your face.
4. Do daily "tick checks" on yourself, your kids and your pet. If you find a tick, use tweezers to slowly pull it out. After removing the tick, immerse it in rubbing alcohol. Wash the tick bite wound and your hands with soap and water.
5. If you are pregnant, ask someone else in the family to clean the cat's litter box. If you must do it yourself, wear gloves and immediately wash your hands after changing the litter.
6. Wash your hands after gardening or working in soil where pets may have relieved themselves.
7. If you are scratched or bitten, wash the area with soap and water right away and administer first aid. If you are concerned, contact your healthcare professional.
8. Make sure your pet is protected against disease threats in your area.
9. Bring your pet to the veterinarian for a wellness exam at least twice a year, so problems can be detected or prevented.
10. Talk to your veterinarian and visit [www.NPWM.com](http://www.NPWM.com) for more information about preventing zoonotic diseases.



Fort Dodge Animal Health